



Individual Disability Insurance

Long-Term | Income Protection+

Occupation Playbook



Dental Hygienist

Occupation Class 3A

 ≈221,600 jobs*

 \$94,260/year median pay*



Market Note: High relevance of partial disability (fine-motor, neck/back); many work part time or across multiple offices.

Target Clients



Single-Practice

- ✓ **Age & Gender:** 34, F
- ✓ **Employment:** W-2
- ✓ **Income:** \$85,000
- ✓ **Background:** Started new job, rural practice



Multi-Office

- ✓ **Age & Gender:** 42, F
- ✓ **Employment:** W-2
- ✓ **Income:** \$110,000
- ✓ **Background:** Works across multiple practice locations

Recommended Income Protection+ Case Design

Policy Foundation

- **Maximum Benefit Period:** 5 Years
 - **Elimination Period:** 90 Days
 - **Renewal Type:** Guaranteed Renewable + Non-Cancelable Rider
 - **Policy Type:** Accident & Sickness
 - **Total Disability Definition:**
True Own Occupation for two years then Any Gainful Occupation (preferred protection)
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Suggested Riders

- Enhanced Residual Disability Rider
- Non-Cancelable Rider
- Benefit Increase Rider (no cost)

Other Riders to Consider:

- Catastrophic Disability Benefit Rider
- Cost-of-Living Adjustment (COLA) Rider (3% or 5%)

Why This Design Works

- Fine-motor and repetitive strain claims often create partial loss first—**Enhanced Residual Disability Rider is essential.**
- **True Own Occupation** fits specialty risk: the insured may be able to work elsewhere but not as a hygienist.
- **Non-Cancelable** plus long benefit horizon supports long-term value.

Placement Assistance



Underwrites Cleanly When:

- Documenting duties and time on clinical procedures vs admin; note multiple employers if applicable
- Sizing benefit conservatively if part-time or variable schedule; avoid assumptions
- Choosing Enhanced Residual up front (cannot be combined with the Residual Disability Rider)



Triggers Friction When:

- Overstating full-time income when hours vary across practices
- Selecting riders late or switching residual options after underwriting begins
- Designing to maximum benefit without clear income support



Talk Track

"This is a residual case first. Enhanced Residual Disability Rider protects the partial-loss claim pattern hygienists face, and True Own Occupation protects the specialty even if they could work in another role."

Target Premiums



Single-Practice | 34, F

Monthly Benefit Amount

\$3,500

- Enhanced Residual Disability Rider
 - Non-Cancelable Rider
 - Benefit Increase Rider

\$126.⁸⁶ /mo



Multi-Office | 42, F

Monthly Benefit Amount

\$5,000

- Enhanced Residual Disability Rider
 - Non-Cancelable Rider
 - Benefit Increase Rider

\$253.¹⁴ /mo

Quoted rates are based on non-tobacco.

Pre-Underwriting Checklist

Before You Quote

- ☐ Confirm occupation duties (time-split) align with the intended occupation class; do not rely on title alone.
- ☐ Confirm employment type: W-2, 1099, business owner, or multiple income sources.
- ☐ Confirm tobacco status and basic health history flags (height/weight, meds, recent treatments) to avoid re-quoting.
- ☐ Confirm existing employer benefits (STD/LTD), especially for teachers and hospital-employed professionals.

Before You Design

- ☐ Select the most appropriate Total Disability Definition option for the occupation and protection goal.
- ☐ Set a conservative base Monthly Benefit that fits financial underwriting guidelines; use the Benefit Increase Rider (no cost) for growth.
- ☐ Choose Elimination Period to coordinate with employer STD or client savings strategy (commonly 90 or 180 days).
- ☐ Select riders that match the occupation's risk and client's need.

Before You Submit

- ☐ Ensure the application, occupational duties, and illustration match (inconsistency triggers underwriting follow-up).
- ☐ Be ready with financial documentation if the case is 1099/self-employed or if benefits are being pushed higher.
- ☐ Avoid post-submission redesign unless underwriting requires it; frequent changes slow the case and can impact pricing.
- ☐ Set expectations with the client on underwriting steps and timeline up front.

* U.S. Market Snapshot (BLS), May 2024

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